

WushuOntario Combat Sport Competition Division Summary

General Rules, Targets, Point Structure, Weight and Age Divisions For full rules refer to WushuOntario Combat Sport Rules & Regulations

Gender	Age		Senio	or 40-55	Prime 18-39		Junior 15-17		Minor 12-14		Bantam 10-11		Atom 8-9	
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Class				156+		150+		146+	141+	136+				
Class			186+				170+							
Rounds		Class			186+									
Rounds B			N/A		3 Rounds x 2 min		N/A		N/A		N/A		N/A	
C 3 Rounds x 1.5 min 3 Rounds x 1.5 min NA NA	Rounds						-		N/A		N/A		N/A	
E		С									· · · · · · · · · · · · · · · · · · ·		N/A	
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General Rules, Targets, Point Structure, Weight and Age Divisions. Full rules refer to "Rules of WushuOntario Combat Sports-A Pathway to Excellence 2017"

Full Contact - No restriction on applied force to legal targets using legal techniques.

Semi Contact - Applied force restricted to legal target areas as defined using legal techniques and defined force to each target area. Amount of force applied to any target is defined and restricted to light, moderate or full contact.

Moderate Controlled Contact - Applied force restricted to moderate pressure to legal target areas as defined using legal techniques. Force applied may cause visible movement of the competitor because of the contact but cannot induce injury.

Light Contact - Applied force is defined as intention to hit without touch pressure upon contact or slight visible movement of the competitor because of the contact. Scoring is valid to legal target areas as defined, including the face shield of headgear.

Light Controlled Contact - Applied force is defined as intention to hit with NO pressure upon contact or visible movement of the competitor because of the contact. Scoring is valid to legal target areas as defined, including the face shield of headgear.